



JNBT Horsemanship Academy

RELATION BASED HORSEMANSHIP®



RELATIONS

LEVEL 1

TRUST

Developed by: Andrzej Makacewicz

www.jnbt.pl www.facebook.com

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JNBT Horsemanship Academy Course - Relations Level 1 Trust

Date: 16-18 June 2023

Location: Warsaw Polo Club, ul. Działkowa 27, Jaroszowa Wola near Warsaw
phone/whatsapp 601 348 483, www.warsawpoloclub.pl • [facebook](https://www.facebook.com/jnbt)

The course is scheduled for 3 days, 7 hours each with a 1-hour break. Classes are held from Friday 9-18 to Sunday 9-17. Theoretical lectures will take place in the lecture hall and classes with horses in the morning and afternoon at the manege.

The Level 1 Relations program is the first of the basic training levels as part of the comprehensive program "JNBT Horsemanship Academy", created by trainer [Andrzeja Makacewicz](#). The Academy program in addition to training in the basic program divided into 6 levels: Relations L1, L2, L3 and L4 Freedom, L5 Harmony and L6 Tricks, conducts specialized trainings such as Starting Young Horses, Foal Imprinting Training, Self-Loading, Natural Balance and Seat, Bit Fitting, Lunging on 2 lunges, L0 Natural Kids, Horse handling workshops.



The Academy program is based on the latest developments in training with focus on animal ethology and behavior and uses the most advanced JNBT didactic model. It provides both theoretical basis and practical application for training horses in any discipline, whether be it show-jumping, eventing, dressage, driving, western-riding or pleasure riding. It changes the horse - rider relationship fundamentally. It allows both horse and rider to build relationships based on trust, respect and leadership – resulting with the horse becoming bonded to the rider or trainer, and subsequently more focused on cues and learning process. Courses include multimedia presentations, films, theoretical issues, practicing ground work and in-the-saddle skills. L1 Course provides basic knowledge and practice to learn at 4 further advanced levels of training.

Foundation courses demonstrate how to improve training and to get horses bonded with riders before regular training. This results in acceleration of the whole training process. Students begin to read horses and to communicate with them. In response the horse bonds to the person as the herd leader - endowed with trust and respect. Gaining such an attitude makes working with horses safe, fun and full of positive emotions. Horses become confident and willing to follow rider's ideas. People become confident knowing what to do, when and why. They understand how the cues are understood by horses and when to use them so that the horse can easily follow the cue.

The theory covers issues of anatomy, horse psychology, behavior and ethology, building trust and leadership, learning to read horses, communication system using the Equus language, self-body control, imprinting, safety.

Practice from the ground is done with a lead rope and halter using natural horsemanship techniques. These include intra-species communication, 10 Golden Minutes, desensitization, disengagement and soft yielding, focus, lateral flexion, head positioning, front and hind end driving, sending and calling, transitions, stopping, backing, preparation for 'light reins', controlling gaits and tempo. Training from the saddle is done using one rein and a halter in stand, walk, trot and backing and includes lateral flexion, direct and indirect rein, hindquarters disengagement, light stops, transitions, balance riding and working out an independent seat, as well as individual consultations.

You can participate in the course as a rider (working with a horse) or a spectator.

Regarding availability of horses or the stay of horses in the center and their costs, as well as available accommodation & meals, please contact the center directly - Breeding Manager Barbara Banat, tel/whatsapp +48 601 348 483 (if out of reach, please send a text message).

Mares with foals cannot participate in the course, and stallions only after prior arrangement with JNBT.

Lectures are run by **Andrzej Makacewicz** or **trainers from JNBT TEAM.**

Photos from the courses can be viewed at [www.facebook.com](https://www.facebook.com/jnbt)

Participants working with horses must have natural training gear - a rope halter and a lead-rope ended with a loop and a stick, which can also be purchased or rented free of charge during the course.

Participants receive certificate as well as materials in the form of a script.

Inquiries: by email kursy@jnbt.pl or by phone/whatsapp +48 22 600 898 457

